

Village Yoga + Kunga Yoga Teacher Training

Code of Ethics, Waiver of Liability and Photo Release

Code of Ethics

Village Yoga offers experiential programs within a safe environment. The practice of yoga is the union of the body, mind and spirit. This practice helps to create states of consciousness through which profound transformation and growth can occur. As a teacher or staff member of any program presented at Village Yoga, we are stewards of the trust the guests place in us. It is our responsibility to uphold and foster this sacred, safe environment in which to allow this work to happen. It is essential that anyone teaching or assisting in any program at Village Yoga possesses a high degree of personal integrity and maintains clear boundaries in the role of serving the guests.

Holding ourselves as yoga teachers or program staff members places us in a position of power to the guests, however subtle or obvious. We become their mentors, facilitators, and helpers. Some guests may idealize us or project that we are wiser or more evolved than they are. As professionals, we must remain aware of this power dynamic and never exploit the vulnerability of a guest for our personal gain or gratification.

In addition to awareness of the power dynamic, we ask our program staff to uphold the environment of inner focus. Many students who have visited Village Yoga have expressed their gratitude to have a place to come where they can safely open their hearts, and observe their own deeper dynamics in a safe environment.

Also, Village Yoga is committed to operating our programs based on the ethical foundations of yoga, the yamas and the niyamas. We ask that all teachers, program staff, therapists and volunteers offer their services from this place of integrity. We ask that you please reflect on these principles and honor the opportunity that we have to serve.

Initials _____

Please read and sign the following Code of Ethics:

As a Village Yoga teacher, trainee, therapist or other staff member, I recognize that it is my responsibility and privilege to support the physical, mental, and spiritual welfare of my students, and to uphold the dignity and integrity of the teachings of yoga, and the professional atmosphere of Village Yoga. Therefore I agree to abide by the following ethical code:

Relationships with Students

In recognition of the trust placed in me by my students, I agree to:

- Show only the highest regard for my students'/clients' personal beliefs and values.
- Offer my services to all persons, regardless of sex, race, color, ancestry, religious Creed, national origin, physical disability, mental disability, medical condition, age marital status, political affiliation, or sexual orientation.
- Avoid any action that I know will conflict with the highest interests of my students
- Avoid taking unfair advantage of students financially, sexually, romantically, or otherwise.
- Refrain from initiating a romantic or sexual relationship with a current student, even if invited by the student.

Professional Conduct

In conducting my teaching practice, I will:

- Offer only those services that I am competent to provide.
- Not attempt to diagnose a student's physical or psychological condition, prescribe a treatment, or suggest or approve of going against a physician's advice.
- Take continuing education in yoga teaching on a yearly basis.
- Be honest, straightforward, fair, and conscientious in all business dealings.
- Manage my business finances according to accepted business and accounting practice.
- Credit my teachings and trainings to the school and programs which I have attended.
- Not spread rumor or gossip which is malicious and tends to reflect discredit on my training, my co students, or Village Yoga personnel, either to people inside or outside of my group.
- Not copy, or reproduce in any means any materials or teachings from this training and other trainings without written permission from the directors.

In brochures, advertising, and other descriptions of my services (including verbal), I will:

Not falsely, imply sponsorship by, representation of, or endorsement by any

- Make no exaggerated claims as to the benefits of yoga practice or my classes.
- Represent my training, qualifications, abilities, and affiliations accurately and unambiguously.
- No falsely, imply sponsorship by, representation of, or endorsement by organization.

I understand that any reports of my breaching this code will be fairly investigated by the Village Yoga staff, and that it could lead to revocation of my Yoga Teacher Certification/ or staff position within Village Yoga.

I have read and understood this code of ethics and hereby agree to honor its provisions:

Signature

Date

Release, Waiver of Liability and Statement of Informed Consent:

Please read carefully and sign.

I have agreed to participate in a Teacher Training offered by Village Yoga.

I understand the inherent risks associated with participation in this Training and the possible injuries that can be sustained by participants. I knowingly and voluntarily assume these risks and full responsibility for any personal injury or illness that may be sustained by me, or any loss or damage to property owned by me, as a result of or in any way arising out of, my participation in this Training, or in travel to and from this Training.

I acknowledge that I am solely responsible for medical or other costs arising out of any bodily injury, illness, or property damage or loss sustained by me through my voluntary participation in this Training.

I hereby agree that in consideration of Village Yoga allowing me to participate in the Training, I do for myself and my heirs, executors, administrators, and assigns hereby release, waive, and forever discharge Village Yoga, its owners and employees (hereinafter referred to as Releases) from any and all liability, claims, demands, actions, or causes of actions arising out of or related to (i) any injury or illness, including death, that may be sustained by me or which I may cause during the course of my participation in the Training or (ii) any loss or damage to my property, while participating in the Training and any activities incidental to participation in the Training.

I hereby agree to indemnify and hold harmless the Releases against all liability for any personal injury or illness, loss or damage to property, or costs, including court costs and attorney's' fees that may result from or arise out of my participation in this Training.

IN WITNESS WHEREOF, I have signed this Release, Waiver of Liability and Statement of Informed Consent as of the _____ day of _____, 20____.

Participant Signature

Participant Printed Name

Date

Photo Release for Adults

I hereby grant to Village Yoga and to its employees and agents and assign the right to use my likeness in a photograph in any and all of its publications, including website entries, with or without payment or any other consideration.

I understand and agree that these materials will become the property of Village Yoga and will not be returned.

I hereby irrevocably authorize Village Yoga to edit, alter, copy, exhibit, publish, or distribute this photo for purposes of publicizing Village Yoga programs or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of my photograph.

I hereby hold harmless and release and forever discharge Village Yoga from all claims, demands, and causes of action which, I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

I am 18 years of age and am competent to contract in my own name. I have read this release before signing below and I fully understand the contents, meanings, and impact of this release.

Participant Signature

Participant Printed Name

Date